Psalm 28

4. **He is my shield and fortitude,**
   my buckler in distress,
   Mine hope, mine help, mine heart’s relief:
   my song shall him confess.

5. **He is our strength and our defence**
   our enemies to resist:
   The health and the salvation,
   of his elect by Christ.

5. **Thy people and thine heritage,**
   Lord, bless, guide and preserve:
   Increase them, Lord, and rule their hearts,
   that they may never swerve.