Psalm 66

4. Ye people give unto our God, due laud and thanks always: With joyful voice declare abroad, and sing unto his praise.
  Which doth endue our soul with life, and it preserve withal: He stayeth our feet so that no strife, can make us slip or fall.

5. The Lord doth prove our deeds with fire, if that they will abide: As workmen do when they desire, to have their silver tried.
  Thou hast us taken in the snare, where we have been full long Our loins likewise they compassed are with chains, and fetters strong.

6. And thou also didst suffer men, on us to ride, and reign: We went through fire and water then, for very grief and pain. Yet sure thou dost of thy good grace, dispose it to the best: And bring us out into a place, to live in wealth and rest.

7. Unto thy house resort will I, to offer and to pray: And there I will myself apply, my vows to thee to pay.
  The vows that with my mouth I spake, in all my grief and smart: The vows (I say) which I did make, in dolour of my heart.

8. Burnt offering I will give to thee of incense and fat rams: Yea, this my sacrifice shall be, of bullocks, goats and lambs.
  Come forth and harken here full soon, all ye that fear the Lord: What he for my poor soul hath done, to you I will record.

9. Full oft I called upon his grace, this mouth to him did cry: My tongue likewise did speed apace to praise him by and by.
  But if I feel my heart within, in wicked works rejoice: Or if I have delight to sin, God will not hear my voice.

10. But surely God my voice hath heard, and what I did require: My prayer he did well regard, and granted my desire.
  All praise to him that hath not put, nor cast me out of mind: Nor yet his mercy from me shut, which I do ever find.